

Iowa Solutions for Aging with Independence and Longevity

IA SAIL

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Health and
Human Services



IA SAIL:

Solutions for Aging with Independence and Longevity

Developing a Multisector Plan for Aging (MPA),
including Aging with Disabilities

Objectives for Today



Provide information on Iowa SAIL and the MPA.



Review Iowa's approach and progress on the Iowa SAIL initiative.



Review next steps and provide an opportunity for in-person feedback.

Solutions for Aging with Independence and Longevity

- **IA SAIL** is a project with many different phases. The first phase includes gathering information and feedback from people living in Iowa to draft a plan. Other phases include preparing to launch the plan and monitoring ongoing progress after the plan is live.
- The **MPA** refers to the plan that will be drafted at the end of the first phase of the project. This document will provide guidance and goals to meet over the next 10 years in Iowa.



Why IA SAIL / MPA?

In the current system:

- We are all aging from birth through the end of life.
- People want to age in their community of their choice.
- Not all areas in Iowa have access to in-home supports.

A Multisector Plan for Aging will:

- Create a 10-year framework to plan for aging within the community across the lifespan.
- Create a shared vision.
- Collaborate with public and private sectors to leverage and maximize resources.



Iowa's MPA Vision

“All persons in Iowa age with independence and health across their lifespans.”

Iowa's MPA Mission

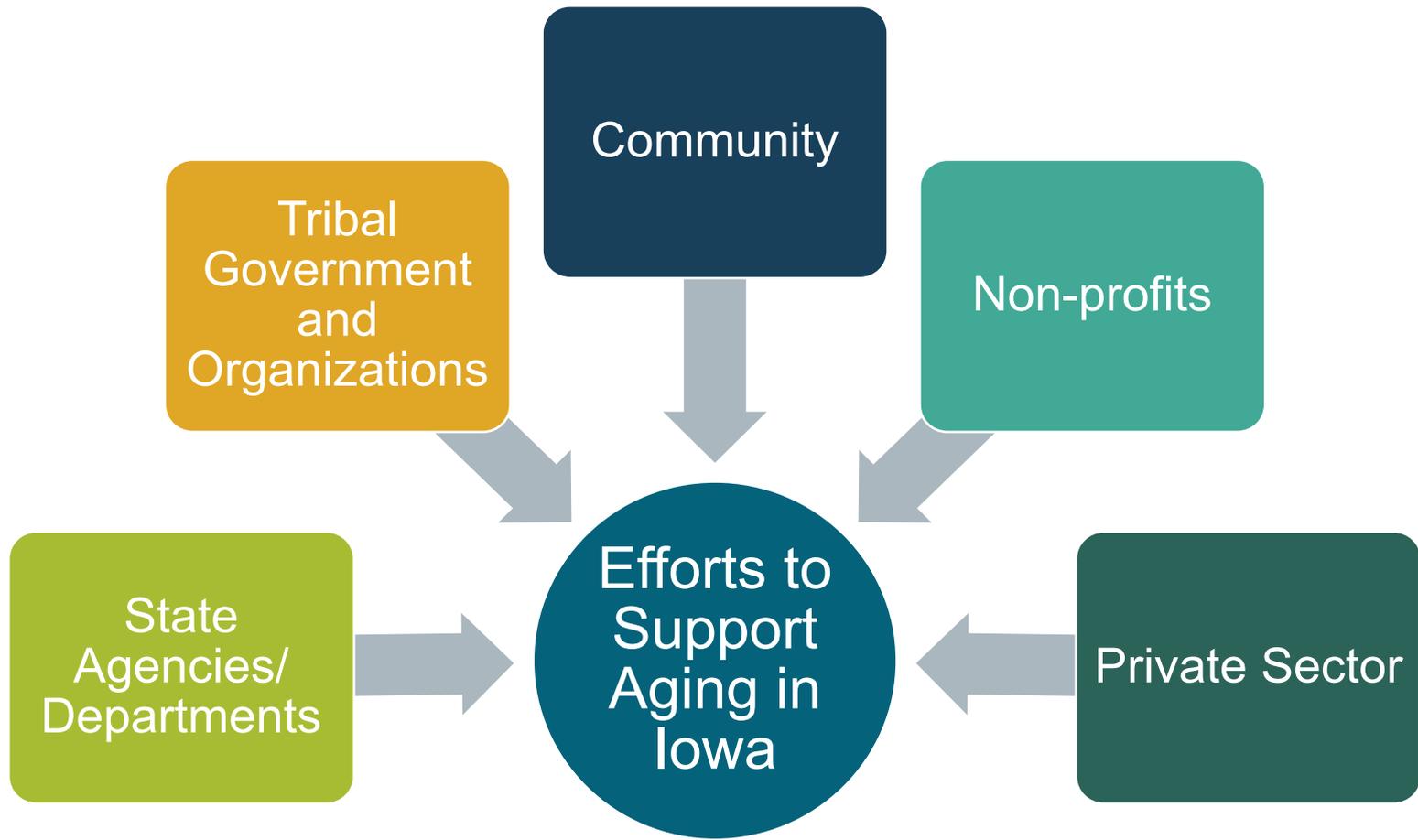
“To understand, plan for and address aging issues across multiple sectors. To ensure everyone has access to person-centered services and supports needed to age well within their community of choice.”

What is the Multisector Plan for Aging?

- The MPA is a cross-sector, state-led strategic planning resource.
 - It provides a clear framework to plan for aging across the lifespan for the next 10 years.
 - It shares a common vision and clear priorities.
 - It coordinates resources and services throughout the state.
 - It reflects input from a variety of voices.



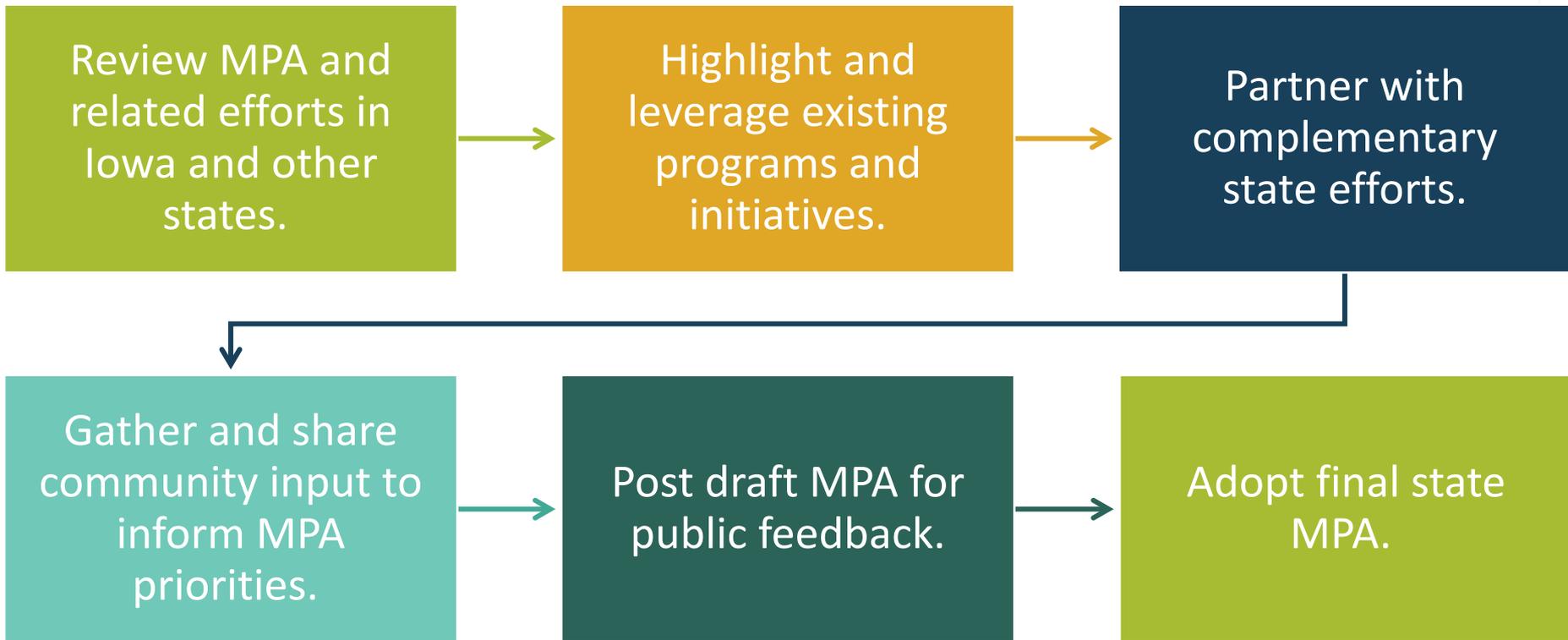
Multisector Collaboration



IA SAIL Timeline



1 IA SAIL Overall Approach



2 Phase 1 – Community Engagement



Assemble steering committee.



Launch IA SAIL webpage.



Hold discussions on aging issues.



Conduct online community survey.



Hold Town Hall discussions.



Conduct agency/ community partner survey.



Hold focus groups.

2

Phase 2 – Drafting MPA



Iowa's current landscape.



Summary of current initiatives.



Goals, recommendations, and strategies.



Measures of success.

3 Phase 3 - Implementation



Assemble an Advisory Committee.



Meet quarterly to review progress.



Develop public facing, online data dashboard.



Post updates on IA SAIL webpage.



Publish Annual Report.

Discussion Topics

Aging in Place

- Choosing where I live and having the support I need as I age.

Aging with Economic Security

- Being financially secure as I age.

Living Better Longer

- Having good health as I age.

Supporting Caregivers

- Having community supports to assist others as they age.

Social Engagement

- Staying active and social within my community as I age.

Discussion Sub-Topics

Aging in Place

- Healthcare
- Coordination of Services and Person-Centered Services
- Access to Home and Community-Based Services (HCBS)
- Transportation and Vehicle Modifications

Aging with Economic Security

- Affordable and Accessible Housing
- Paying for Long-term Care
- Paying for In-Home Services
- Healthcare Coverage
- Paying for Medications

Living Better Longer

- Nutrition and Food Security
- Behavioral Health
- Health Equity
- Exercise and Physical Activity
- Safety and Emergency Preparedness

Supporting Caregivers

- Direct Care Professionals
- Workforce Shortages
- Informal Caregiver Support
- Dementia Supports
- Respite Care

Social Engagement

- Companionship
- Access to the Internet
- Transportation
- Multi-generational Social Engagement

Focus Group Discussion



1. What challenges do you and those in your community face with regards to aging with a disability in Iowa? 15 mins
2. What are the top three issues you want to see address within a Multisector Plan for Aging? 15 mins
3. What are disability access points within your community that help support you and those in your community? 15 mins
4. What recommendations to you have for strengthening disability access points within your community? 15 mins

How to get Involved?



Visit the IA SAIL
website:

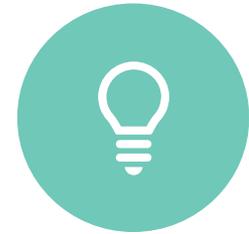
<https://hhs.iowa.gov/programs/programs-and-services/aging-services/ia-sail>



Complete the
community survey.



Share the
community survey.



Make
recommendations!

Questions

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